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To Whom It May Concern,

Re: Martha Wadel, M.A.

I am writing this letter in support of a very able therapist, and exceptional human being, who I think would make a remarkable contribution to healing therapies for veterans and their families.

Martha's solid background in academic studies with a Master's Degree from the University of San Francisco in Counseling Psychology, along with her deep experience of first Nations healing practices makes her a unique therapist, in my opinion.

Having served as the deployed psychiatrist at Kandahar Air Field, Afghanistan in 2007, (Role 3, MMU, KAF) I am particularly interested in the provision of much needed, effective care to our service members and veterans. This effort, in my view, would greatly benefit from Martha Wadel's expert contribution. This would be aided by the fact that she was raised in a military family, born on the Naval base in Pensacola, Florida.

Knowing and having worked with Stephanie for over 10 years, I welcome, and enthusiastically endorse her interest in adding her unique skills and kind heart to this noble, complex, healing task.

Sincerely,

Frank Sommers MD, FRCPC, OFAPA